



mothers  
at home  
matter.

Spring 2023

# TO CARE OR NOT TO CARE

**Springtime is in the air, the season of new beginnings and, as the days begin to get longer, it reminds me of the saying 'the days are long but the years are short'. My son just turned seven and I can't believe how fast these years have gone by. I'm so glad I was able to choose to stay home with him and care for him. Being a stay-at-home mother is an important source of meaning and identity for me, as I'm sure it is for many of you. In her book *Maternal Desire*, Daphne de Marneffe writes 'The desire to mother is not only the desire to have children, but also the desire to care for them.'**

The social devaluation of taking time out of the paid labour force to focus on your family and care for your children means people are missing out on valuable time with their loved ones that can never be regained or recaptured. MAHM is the voice for mothers wanting the choice to be primary carers because we strongly believe in the values of the **MAHMifesto**. Through our volunteering we **Promote** a better understanding of children's need for loving and consistent care, we **Campaign** for an economic level playing field for parents who choose to care for their children at home, we **Enhance** the status of self-esteem of mothers at home, representing their voice in policy debates and we **Support** mothers on their journey as they raise kids and deal with the challenges of being at home. We are always looking for new members and new volunteers, so if you would like to get involved in any way, please get in touch.

In this issue of the MAHM members newsletter, our Chair Anne Fennel reflects on the past year and also on the challenges and opportunities that lie ahead. Michael Reeves gives us a dad's point of view in his heart-warming article about the happy chaos of being a one-income family with five children. Maria



**'Being a stay-at-home mother is an important source of meaning and identity'**

Lyons, our Policy & Campaign Lead, shares her preliminary findings with us after diving into the research available on whether nursery is better for the under threes than being cared for at home.

In our updates section, Campaign Lead Anna King shares with us how she helps spread the word about MAHM. Our Local Support Groups continue to grow, as two new ones have been set up, one in



South Derbyshire and the other in Telford; if you live in these areas make sure to join. Furthermore, Becca Woollgar reflects on a successful 2022 MAHM conference. We are happy to share with you the poem 'Let Them Know', which was written by Elizabeth Yeboah, for her seminar 'The Joy of Motherhood'. The recording of the MAHM 2022 online conference Raising Resilience is now available online to all members, please go to <http://www.mothersathomematter.com/2022-annual-conference> and use the password **RR2022**.

As you may have noticed by now there is a new name at the bottom of this editorial as Philippa Nicholson, our Communications Lead, has handed over the Newsletter Editor role to me. I am excited about this new responsibility within MAHM and have thoroughly enjoyed working on this newsletter. I hope you enjoy reading all the articles I've lined up for you in this Spring issue. If you would like to write an article or a (parenting) book review for our Autumn newsletter, please send me a message at [newsletter@mothersathomematter.com](mailto:newsletter@mothersathomematter.com) I'd love to hear from you!

*Roxana Tigelaar*  
Editor



## FROM THE CHAIR

**Anne Fennell** reflects on the past year and also on the challenges and opportunities that lie ahead.

'The homemaker has the ultimate career. All other careers exist for one purpose only... to support the ultimate career.' – C.S. Lewis

We were tagged with a picture of this quote by a dad in an Instagram post following the Princess of Wales 'Shaping Us' campaign, highlighting the importance of the first few years of life. 'Shout out to my wife and the mums that conduct the quiet rebellion and stay at home to raise a family... This is for those who work so hard for so little reward from society. You make our house a home and us a family.'

### 'The work of the home is work and of utmost value.'

It is so easy to forget amongst the din of the 'marketplace' that the work of the home IS work and of utmost value. It is transformational. Not overnight but for the long term. You are sowing the seeds, shaping the environment, holding the hands, wiping the tears, building the confidence, creating the atmosphere, nourishing the body, the mind, and the heart, protecting the vulnerabilities, buffering the child from stress until they are ready to do it for themselves.





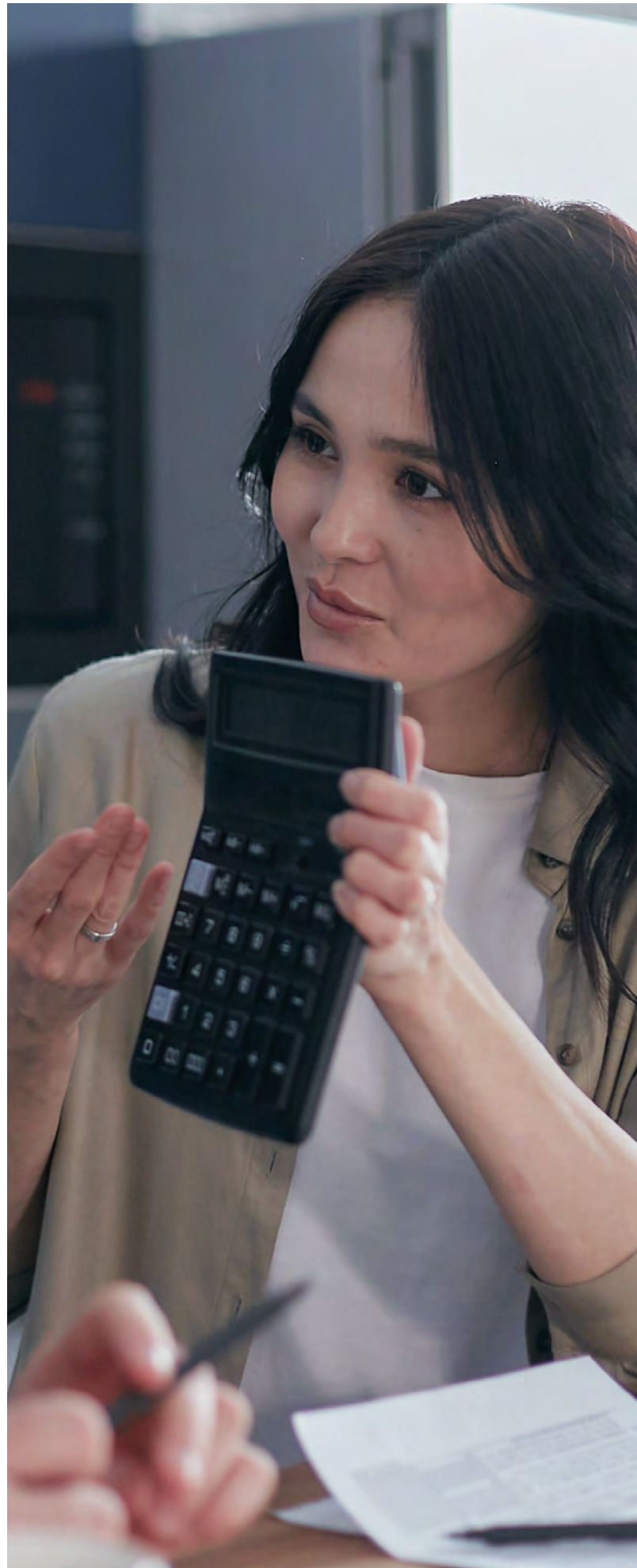
## 'The push into paid work comes at a cost to the well-being of families.'

And yet because it is unseen, because there is so little to show at the end of the day, we at best take so much of it for granted and at worst devalue its importance. C.S Lewis expands: 'I think I can understand that feeling about a housewife's work being like that of Sisyphus (who was the stone-rolling gentleman). But it is surely, in reality, the most important work in the world. What do ships, railways, mines, cars, government etc exist for except that people may be fed, warmed, and safe in their own homes? ... To be happy at home is the end of all human endeavour (home includes being happy in our own selves but in the meantime happy in our houses) ... so your job is the one for which all others exist.'

This is the work of Mothers at Home Matter: to keep speaking about the importance of this work and reframe the debate. The marketplace does not count it. The Treasury sees this work as a problem of 'economic inactivity' and therefore unproductive; there are no tax receipts to the Treasury and no measured growth in GDP. The push is to get more mothers back into work, contributing to the economy. But the push into paid work comes at a cost to the well-being of families. I was recently struck by the Facebook remarks of a mother who recently joined our group:

*'Recently we bought a house and the reality of mortgage and bills has meant I am now working 16 hours/week at Tesco. I chose this job particularly for the flexibility (I can still be there for our children during the daytime and then my husband can have them when I go to work in the evening) but – wow, it's hard! I'm exhausted even with working just 16 hours.'*

*As a result, I'm much less patient with the kids and my relationship with my husband is more distant. I can't stay on top of the housework and cooking as well as I previously did. It's just making me really appreciate the homemaker/stay-at-home mum role even more than I already did! I never intended to stay home with my kids but it's been an absolute blessing in my life. I only hope I can continue to do it. I'm burned out though.'*







This work is important work and we need to support it and those doing it and help to make it a realistic choice for those mothers who currently are unable to make it.

There is an increasing awareness of how important the early years are in shaping the brain of a young child and building emotional resilience but conversations, particularly at governmental level, still tend to focus on supporting professional services around Early Years settings and remedial services. As an organisation we have been as active as we can writing to the media, attending meetings in parliament and with other organisations to make sure the role of the parent is not left out of the debate. Anna King, Campaigns Director, has had a meeting with Steph Ryan, Private Secretary to Andrea Leadsome (Government's Early Years Advisor) to see how the Family Hubs can be more supportive of parents at home. Last week I gave a presentation to a group of MPs organised by Miriam Cates MP about how our taxation system

makes it so difficult for families to choose to stay home to care. The idea moving forward is to formulate an argument about the well-being of families to influence the manifestos which will come out early next year. There was certainly recognition of the failure of the tax system to support families, and even worse that it penalises families (see our website for the PowerPoint presentation). There was also support for doing something about it, but without a swell of public support it will be very difficult to make any changes at Treasury level. One of the most immediate changes that could be possible is to make Child Benefit fairer and all your support writing to MPs and letters to the papers help with this. We need to keep up the pressure. It is becoming more obvious just how unfair the Child Benefit tax charge actually is.

We are also trying to engage with the Royal Foundation for Early Childhood to find out if we can play a more active role.





## 'We need to keep up the pressure!'

Arguments for 'affordable childcare' or fully subsidised childcare are growing louder and stronger and justified in that it is claimed to be beneficial for children, and closes the attainment gap of disadvantaged families. Maria Lyons has been studying the evidence for this and is putting together a paper with her findings. We look forward to publishing this soon on our website and hopefully presenting the findings at a meeting in the House of Commons. It will also be a useful resource for those interested in what current research is actually saying.

Mothers at Home Matter is a member of 'FEFAP', the European Federation of Parents and Carers at Home. In April it celebrates its 40th anniversary and I will go to Italy to meet other like-minded groups. The focus is on the value of invisible care work. 'What we measure affects what we do and what we value'. The challenge is how to make this work visible and supported. I look forward to working with groups, particularly from Denmark and Sweden, as those countries are always held up as examples of good practice for Great Britain and yet in those countries, those who choose to stay home to care are outcasts from society.

Internationally we are also a member of 'Make Mothers Matter' (MMM) and I was asked to moderate an online UN Commission on Social Development: Solutions from across the world for single mothers. The focus was on access to decent work, particularly in developing countries but I also used the platform to advocate for the importance of the vital work they are already doing in raising the next generation.

We are looking forward to putting on our first-ever hybrid Conference in November so that those who would like to meet in person can do so and those who find online more accessible can also take part. We look forward to sharing more news on this in due course.

If you feel able to help us in any way, do drop me a line at [chair@mothersathomematter.com](mailto:chair@mothersathomematter.com). Every little bit helps.

# A DAD'S POINT OF VIEW

**Michael Reeve and his wife Amy, have been MAHM members since 2015. Amy is a full-time SAHM and home educator to their children. Michael shares his perspective on being a dad of five, as well as the joys and challenges of being a one-income family.**

As far back as I could remember I have always wanted five children. In fact, when I was 18, there was a section in my school yearbook, 'Where do you see yourself in 10 years' time?' to which I responded, 'Married with five children, three girls and two boys!' I didn't quite hit the 10-year target, but I did get my three girls and two boys, so I was pretty pleased with that! Of course, I count myself incredibly lucky that I met my wife, Amy, at 19 and she shared the same desire to have five kids, but more than that we both share the same values in raising our children. We firmly believe in the importance of having a stay-at-home parent to raise our children and so our big decisions are made with this value in mind.

We had our oldest when we were still in our early twenties, before either of us had really started our careers, figuring that it's less painful to lose a salary when we're not dependent on it than when it's a lot bigger and props up a lifestyle that we're not willing to sacrifice. What we didn't realise at that time was how the world is really made for two-income households and that a lot of Government policy seems to try and funnel mothers back to work. Neither did we realise the extent to which societal norms and culture seem to favour putting children in childcare from early on, so that mums can return to work.

Sadly, many of my wife's experiences of mum-and-baby groups were of loneliness, in that many of the new mothers were 15–20 years older than her, having had their careers before having children and were often bewildered when Amy would say she was 'just a mum'. Where she did find friendships, they were often short-lived because within six months many mums were planning on returning to work, ruling out the opportunity to meet with the babies during the day.







glue whilst trying to get everyone in the car for a birthday party that you're already late for!), life has a similar rhythm with five as when we had two. I always joke with people that with having five kids we benefit from economies of scale and it's not totally tongue in cheek but it does require both of us to pitch in; generally things tend to take a little longer with five than one or two (reading five bedtime stories takes a while!) and although it can be exhausting and there are days where you're left tearing your hair out, looking after our children is what we signed up for and we wouldn't have it any other way!

## 'Looking after our children is what we signed up for and we wouldn't have it any other way!'

It wasn't until we started home-educating that we felt like we really found good friends who understood both the overwhelming joy and sense of worth attached to raising children, as well as the challenges of being a single-income household. The home-educating community is diverse to say the least, but there is always an underlying shared value for educating our children and often a common ground in that most people have proactively chosen to forego one income earner in the family to care for and educate their kids. Finding this community, after feeling misunderstood in our parenting choices by many, was a real blessing for us and today it is where we have some of our closest friends.

For me, having a large family in a society geared towards two working parents has meant that I have felt the pressure to provide. As the sole income for our family, I have at times felt like my only role was to bankroll family life and have let that become my identity, with the goal to earn as much money as I can to try and get out of the tax credit system or to try and get beyond the High-Income Child Benefit Tax Charge. It always felt like two steps forward, one step back as pay rises and bonuses from my employer were swiftly netted out by reductions in family benefits. Unfortunately, in my experience, not many people in the workplace understand the dynamics of family benefits and how this affects overall household income when salaries change or when bonuses are given. Sometimes I would try and explain why pay-rises weren't really pay-rises, because of taper rates and tax charges, but it's not easy to explain succinctly so usually I would say nothing out of embarrassment and shame.

Still, life continues and whilst having five children brings with it a certain amount of chaos (think discovering an overturned five-litre bottle of PVA

I've always considered myself quite a 'hands-on' dad; there's never really been anything that has been exclusively Amy's parenting territory but the last couple of years have made me appreciate what it is to be a stay-at-home mum. The first was the coronavirus pandemic. Like many, I started to work remotely full-time through the lockdowns and in the initial weeks, I would get stressed out every time the kids were playing loudly or tantruming whilst I was on work calls. My four-year-old, in particular, loved to potter upstairs, filling the bathroom sink with water to do 'tipping and pouring'. As the nearest parent, I felt automatically responsible for ensuring that everything was okay, which I felt distracted me from work. It wasn't until eight weeks in that it hit me that it wasn't the kids invading my workspace and my work time, rather it

was me encroaching on their space and their play! It completely changed my view on working from home and has made me much more chilled out about their comings and goings whilst I'm working.

The other thing that has made me appreciate my wife all the more is that I recently started working compressed hours so I can look after the children one day a week, while Amy goes to work. We try to work it so that we keep the same routine with the kids whether it's my day with them or Amy's. As the children are home-educated, there's work to get done, activities and clubs to get to as well as all the usual tasks involved in caring for children. Every week I have my work cut out for me and the amount I manage to do compared to what my wife does every single other day of the week never ceases to amaze me!

**'It is tough at times but the joy that parenting brings outweighs the bad at least a hundred to one!'**

People often say to me that they couldn't imagine having five children and my response is often that it is always chaos, usually happy chaos but always chaos. I'd be lying if I said I never longingly compare our family setup to those with fewer children or those with two incomes. That being said, I know the grass isn't always greener on the other side and despite its ups and downs, I'm glad that we made the parenting decisions we have. I love that we get to spend so much time with our children and not outsource our care responsibilities. It is tough at times but the joy that parenting brings outweighs the bad at least a hundred to one! Will we have any more? Never say never!



Michael and Amy Reeve with their children

# IS NURSERY BETTER FOR THE UNDER THREES THAN BEING AT HOME?

**Maria Lyons, our Policy & Campaign Lead, has dived into the research on the impact of nursery care on the educational and socio-emotional development of children under the age of three. This is an ongoing project, but here she shares with us her findings so far.**

In an interview, a few months ago on Radio 4's Westminster Hour, Joeli Brearley (founder of the organisation Pregnant Then Screwed) and Miriam Cates MP, discussed their different approaches to tackling the many problems with existing childcare provision in the UK.

Ms Cates emphasised the need for parental choice and pointed to the findings of a survey carried out by the Centre for Social Justice that showed some 78% of parents would choose to spend more time with their children if they could afford it. Her policy suggestion, as described in the report, was that the 4 billion pounds of funding the Government allocates to different forms of provision should be turned into a *'family credit system'* which households could then decide to use as they wish. For instance, a family could spend their allocation on a formal nursery setting, they could pay a family member or use it to enable one of the parents to remain at home and care for their children themselves.

Ms Brearley on the other hand believes the solution is more funding for high-quality, affordable childcare, between the ages of two up to school age. This would ease the financial pressure on families and enable mothers to work in the labour market. While she acknowledged that parents and grandparents caring for children in the home are doing real *'work'* that is valuable to society, she expressed concern that in informal settings there is no *'quality control'* and also that taking money out of the formal childcare system could *'potentially make it worse than it already is'*.



## 'I was inspired by all of this to do my own investigation of the evidence'

What is interesting about this conversation is that Ms Cates (representing the MAHM perspective) and Ms Brearley (representing the working mother's perspective) had far more to agree on than disagree on. They both think the childcare system is not fit for purpose and that policy needs a serious rethink; they both think that the burden on families is disproportionate and unacceptable; they both acknowledge that the care of young children is enormously valuable to society and should be recognised as such; they both think families should have more choice and flexibility in managing childcare options.

The only point where there appears to be some contention is in the perceived quality and benefits of formal care vs care in the home. Whereas Ms Cates makes no claim for the objective superiority of one form over another, arguing only that families should be able to decide for themselves which arrangement is better for them and their children, Ms Brearley implies that being in a formal setting cared for by trained professionals is better for children than being cared for by a family member in the home. She states *'Early years education has a positive impact on social mobility, it can help to close the attainment gap between the richest and the poorest children... when early years education takes place outside of a formal setting ... there is the potential of increasing the attainment gap.'*

The idea that very young children are broadly speaking better off in a formal childcare setting than they are being cared for by loved ones in their own home is being expressed more and more frequently in the media. A similar claim was made in the Guardian late last year where the author wrote that *'decent childcare'... 'improves social mobility and a child's emotional and social development'*. A cynic might think that we the public were being primed for something, gently 'nudged'





childcare while offering nothing for mothers who would like to care for their children themselves. Notice, however, that it is not claimed that the policy will be in the interests of 'all children' in the way it is believed it will benefit 'all parents' and the economy. Could it be (and here's the cynic again) that the politicians, or their assistants, have in fact done their research and the evidence has inconveniently failed to support that narrative?

Whatever the answer to that, I was inspired by all of this to do my own investigation of the evidence. This project is ongoing but at this point, I have reviewed 23 papers which focus on or include information about the impact of nursery care on the educational and socio-emotional development of children under the age of three. The studies include existing literature reviews, large-scale studies (with a sample size greater than 1000 children), long-term impact studies (where findings are followed up when the children are adolescents or young adults) and small-scale studies. There are five main findings from the evidence to date:

into the right frame of mind... And yes, there it is, on 10 February the Guardian (again) reports on the Department of Education's proposal to extend universal childcare entitlements to one- and two-year-olds, echoing similar proposals made by the Labour Party in their 2019 election manifesto.

Whether the Treasury accepts this particular proposal or not, an expansion of the childcare system certainly seems to be the direction of travel. Of course, the costs and benefits of such a policy were discussed exclusively in terms of the economy. In fact, the policy is being presented as part of a wider package of measures to tackle what is termed 'inactivity', a word bound to raise the hackles of anyone whose unpaid caring responsibilities keep them very active indeed, thank you very much! At any rate, it can only be fully sold to parents if parents believe that more hours in formal childcare will be good for their children. Hence all the press coverage of the wondrous effects of childcare.

It is perhaps revealing that politicians themselves are very careful not to assert directly that nursery is in general better for children than being at home. They prefer to make statements relevant to a particular group of children, at a particular age and in particular circumstances, and leave their audience with the distinct impression that the same applies to the majority of children, at any age and in all circumstances. Take for instance Shadow Education Secretary Bridget Phillipson who said in November (again reported by the Guardian!) that while "*high-quality early years education was clearly beneficial for children from disadvantaged backgrounds...*" she wanted Labour's offer to "*benefit all parents, including many professional parents...*". Clearly, this policy is being introduced to further the political aim of increased labour participation for mothers, and it would help those mothers who want to work with the cost of

**1** The most important factor in children's educational and socio-emotional development is parenting and the home environment.

**2** The impact of nursery depends on the quality of the care provided at the nursery relative to the quality of care provided in the home.

**3** Findings on the impact of nursery on children's educational development are mixed, with mostly positive and some neutral results.

**4** Findings on the impact of nursery on children's socio-emotional development are mixed, with mostly negative, some positive and some neutral results.

**5** The long-term impact of nursery on children's development remains largely unknown.



On the basis of the research reviewed thus far, there is little to support the claims (either directly made or implied) about the positive impact of childcare highlighted at the beginning of this article. For instance, it is impossible to say whether childcare for the under threes will increase 'social mobility' because there are too few studies on how attendance at an early age affects later educational achievement and income. The most consistent finding across all the research is that a child's home learning environment shapes his or her intellectual and socio-emotional development to a greater extent than childcare. If 'levelling up' is a principal objective of childcare policy, then the evidence suggests that the most effective course of action would be to focus resources – where circumstances warranted – on supporting parents to create a stimulating learning environment for their children in the home, perhaps in combination with high quality, targeted early education programmes. There is nothing in the research to indicate that the 'attainment gap' can only be reduced by professional carers working outside the family home. On the contrary, if the research were appropriately reflected, the potential that augmenting the quality of care provided by parents in their own homes has for improving the life chances of disadvantaged children would be given as much political and media attention as is currently given to the potential benefits of formal childcare.

**'A child's home learning environment shapes his or her intellectual and socio-emotional development to a greater extent than childcare!'**

Another finding from the research is that the home learning environment can be high or low-quality independent of the parents' socio-economic status. To put it simply, poor or working-class people are not necessarily bad parents, any more than wealthy professional people are necessarily good parents. There are a number of dimensions to good quality care in the early years (these are discussed in the paper.) If a child is more likely to experience these things in nursery, then they may be better off in nursery. If they are more likely to experience these things at home, then they may be better off at home. Negative social and behavioural outcomes for childcare were most consistently associated





with long hours in low-quality centre-based care. It is perfectly plausible to have a scenario where one parent is able (and wants) to provide high-quality care but the child receives lower-quality formal care for long hours because both parents must work for financial reasons. In this case, the child's interests would be best served by a funding system which enabled one parent to remain at home. (Personally, I find the notion that professionals will do a better job than parents of raising the young not only condescending but downright sinister.)

## 'The only logical response to such a multiplicity of variables is choice.'

The findings on socio-emotional and academic development are discussed further in the full report, which will be available on the website. As it stands, the short answer to the question posed in the title of this article is it depends. The best care situation for any individual child will depend on a huge number of different factors, including the age of the child, the type of care setting available, the quality of the care setting available, the quality of the home environment and the values and priorities of the child's parents. The only logical response to such a multiplicity of variables is choice. If we believe in evidence-based policy, then investing public resources into care provided in a formal setting but not into care provided in the home is not justified, at least not if we are speaking about benefiting children. As stated, this project is ongoing and there are further studies to consider. For the moment the evidence appears to support the view that for children the most advantageous policy is likely to be the one which puts decision-making power in the hands of those who know them the best and love them the most.



*Maria Lyons*





# CAMPAIGN

Here are the latest updates from **Anna King**, our Campaign Lead.

Anna received a response from Dame Andrea Leadsom, who arranged a meeting with the parents' experience team who is working for her Family Hubs programme. They were lovely and were very open. Anna has urged them to involve full-time parents. They asked what she felt the mums/dads in her toddler group would benefit from and one point Anna made was good quality guidance on the real needs of babies and toddlers so parents can make informed decisions.

Anna has also recently written to the Princess of Wales encouraging her to involve MAHM in her work. She made the point of how important full-time parents are to families and communities.

Anna and a couple of others from the toddler group were asked to speak at a council meeting representing the hidden voice of full-time parents. The organiser asked them to speak to a room full of social workers, police officers and childcare professionals and afterwards said that she had never considered how important changing the perception of stay-at-home parents was to the lives of families and communities.

Furthermore, Anna stays in touch with her local MP, Jason McCartney, and often sends him relevant articles. He came to visit their toddler group last year and they talked extensively about the MAHM campaign. He plans to visit the toddler group again soon.

*Anna: 'It seems as if it is all about talking, opening people's eyes to things they had not noticed before. And the good thing is, they seem to be listening!'*

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# LOCAL GROUPS

Here are the latest updates from **Becca Woollgar**, our Local Groups Coordinator.

We've had a couple of new groups set up recently, in South Derbyshire and Telford. We now have 18 groups across the UK. Thank you to all our group leaders for supporting local mums and bringing people together. We know how important it is to have other mum friends to help us with the ups and downs of motherhood!

If you'd like to set up a group in your area, please email **Becca** on [groups@mothersathomematter.com](mailto:groups@mothersathomematter.com).

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# MAHM ANNUAL CONFERENCE 2022

## Raising Resilience

**Becca Woollgar**, our Conference Organiser, looks back at the MAHM online 2022 conference. The recording is now available online to all members (see details below).

Our annual conference was a great success with over 100 tickets sold, our highest ever! Thank you to everyone who attended and supported the event – we really appreciate it. We had a range of fantastic speakers including Erica Komisar, Liz Yeboah and members of our sister organisations around the world including Make Mothers Matter and FEFAF. We received lots of positive feedback and some great suggestions for speakers and topics to cover at future conferences.

By popular demand, we've decided to try a hybrid event next year, with the conference being held in London and an online option for those who are unable to be there in person. Watch this space for more information later this year!

This will take more work and planning to deliver so please do get in touch with **Becca** at [conference@mothersathomematter.com](mailto:conference@mothersathomematter.com) if you'd like to help with the event, even in just a small way, e.g., organising the catering, helping on the day etc. All help would be greatly appreciated!

### Some feedback from the 2022 conference:

*'Really enjoyed hearing about MAHM's work. I have followed you on Instagram for a while but wanted to know more. I felt quite emotional hearing about resilience in children, the importance of mothers etc. It has helped affirm my belief in the decisions we have made for me to be at home.'*

*'I think it was wonderful, just perfect in timing and content, and I feel very restored with this time with like-minded people.'*

*'Very inspiring, an important reminder of the value of being at home as much as possible with your children.'*





# MOTHERHOOD POEM

**Elizabeth Yeboah** wrote this poem for her seminar the 'Joy of Motherhood' at our 2022 conference.

*Let them know*

*When they ask you what do you do?  
It's best to reply, 'What don't I do?!'  
Let them know motherhood is not a job. There's no  
clocking on or off, neither is there enough money to  
cover it.  
Let them know motherhood is not a career. There's  
not one university that would have a course long  
enough to prepare you for it.  
Let them know it's something altogether different,  
altogether beautiful and altogether enduring.  
Let them know that motherhood stands in its own  
'Lane', strong and tall, unchallenged and thriving.*

*Multifaceted like a jewel of sorts. Polished daily by  
dutiful tasks.  
Duty like that of a queen.  
Duty like that of a soldier.  
Duty full of commitment, service, honour and  
reward.*

*Let them know the hands of motherhood shapes  
little hearts, shapes communities, shapes culture,  
and shapes generations for generations.  
Let them know nothing fashioned by the thoughts  
and ideas of man can replace it. It is unique and  
anyone that cherishes it will eat of its fruits.*

*Let them know.*



Elizabeth Yeboah



## CALL TO ACTION

**We are always looking for new members and new volunteers, so if you would like to get involved in any way, please contact Anne Fennel or any other Committee Member.**



Please follow us on social media and help us share our work with others. You can find us on Facebook, Instagram, Twitter, YouTube, and LinkedIn.



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